

**Sheffield Regional Hospital Board**  
**Nottingham No.2 Hospital Management Committee**  
**Report for the Three Years ended 31<sup>st</sup> March 1956**

**CITY HOSPITAL**

**881 beds**

One of the outstanding events at the City Hospital was the visit on 27<sup>th</sup> April 1954 of Her Royal Highness the Duchess of Gloucester to open the City Hospital twin operating theatre. The occasion was a most successful one and the visit was appreciated by the visitors and the staff. Following upon the opening of the operating theatre Her Royal Highness took tea in the Nurses' Home, which was quite a thrilling experience for the nursing staff. The Duke and Duchess of Portland were among the distinguished visitors present.

It is a pleasure to be able to report that the plans for the new outpatients department are complete and that Specifications and Bill of Quantities will soon be sent out to various contractors. It is hoped that the work will be commenced before the end of 1956. As the out-patient department will be built across the main road of the City Hospital, this road will have to be diverted to the back of 'C' Block, and this part of the work will be the first task. One of the outstanding requirements of the City Hospital is a new x-ray department, the present department being quite inadequate for the load of work with which it has to cope. It is intended that, when the new outpatient department is built, the present outpatient department shall be adapted as the x-ray department, and plans for the adaptation are now in the course of preparation. The fulfilment of these plans for a new x-ray department is bound to take some considerable time as no work on this adaptation can take place until the new outpatient department has been built.

**Dietetic Kitchen**

The dietetic kitchen was set up at the City Hospital in 1954 and is now producing diets specified by the medical staff, under the direction of a senior therapeutic dietician and dietician. When this kitchen was first set up it was required to produce meals for about 70 patients, but the call on the kitchen is now in respect of 130 patients. The taking of this number of meals from the main kitchen has had very little effect because an additional 130 separate meals in the main kitchen, when produced in bulk, means very little difference in the amount of work, but 130 separate meals according to the individual condition of the patient mean a considerable amount of preparation.

**Appointments and Resignations**

We have lost a number of officers at the City Hospital in the normal course of promotion in the Health Service but it will be probably be appropriate to refer to Mr. F. N. Tromans who was Group Medical Records Officer and Deputy to the Secretary of the City Hospital. Mr. Tromans has secured the appointment of Hospital Secretary to the Swansea Hospital. We were glad to congratulate Mr. Tromans on his appointment but we were sorry for him to leave us, as he was sorry to go. Mr. Tromans was a man of considerable character and was a loyal and efficient officer.

Miss M. E. Benham, Group Almoner, secured the appointment of Principle Almoner to the Government Hospitals of Hong Kong. Miss Benham was sorry to leave the City Hospital but the

possibility of adventure in a new sphere was too much to be resisted. We shall remember her through work and her vivid reports.

Mr. F. Mawson who was previously the Group Medical Records Officer of the Sheffield No. 1 Hospital Management Committee has replaced Mr. Tromans as Group Medical Records Officer and Deputy to the Hospital Secretary of the City Hospital.

Miss M. M. Hellier replaces Miss Benham as Group Almoner. Miss Hellier was previously the Group Almoner to the Oldham and District Hospital Management Committee.

### **Occupational Therapy Department**

Occupational Therapy at the City Hospital is practiced with the definite purpose of aiding a patient's recovery by arousing his interest in some activity or to aid in the restoration of function and so restore confidence and encourage an independence of mind.

Craftwork is partly used as the medium for the above purpose but sometimes other activities are more useful. The re-training in personal activities of feeding dressing and household tasks is sometimes a vital contribution towards a patient's recovery and ultimate re-settlement at home or at home or at his job.

This is the aim of the planning of the treatment. In the re-training in personal and household activities it is necessary to train the patient in the use of self-help gadgets and to see that these self-help gadgets are available when he or she re-settles in the home. The Nottingham Social Service Department and the Nott's County Council Social Service Department have agreed that any self-help gadgets which are necessary in the home to enable to help a woman to carry on with her household tasks will be supplied by them provided we have trained them before discharge from hospital. These arrangements do of course mean a considerable extra burden of work on the occupational therapy department. It should be understood that not does this department deal with the City Hospital but also\with a limited number of patients in the Sherwood Hospital. As he department only consisted of one senior occupational therapist it was too small to cope with the work and an application was made to the Board for an additional occupational therapist and this has been approved. It is hoped to set up at an early date a training kitchen as a apart of the occupational therapy department.

### **Physiotherapy Department**

The work of the physiotherapy department has been considerably increasing and the stage has been reached when it is not possible to accept any wider operation of the service.

The City Hospital physiotherapy department provides a physiotherapy service to the Sherwood Hospital. The need for the extension of the service was brought to the Board and they agreed to increase the number of physiotherapist from 8 to 11. This increase in staff has enabled the following to be undertaken: -

Post-natal exercises at the Firs Maternity Hospital.

Antenatal exercises at the City Hospital.

Work in the Plastic Surgery Unit.

Work elimination of the Physiotherapy Outpatient waiting list.

### **Reconstruction of the Maternity Unit**

The reconstruction of the maternity unit was proposed by the Hospital Management Committee and agreed by the Board. It was arranged that in order that the work of the department should not be brought to a complete standstill the reconstruction should be undertaken in three phases. Two of these phases have now been carried out which added considerably to the agreeableness and ease of working on these wards. In addition to the improvement generally, a premature baby unit has been established consisting of three separate small wards, one of which is maintained at 68 degrees, one at 70 degrees and one at 80 degrees: five cots being provided in the 68 degrees ward, seven cots in the 70 degrees ward and four cots in the 80 degrees ward. The final phase of the improvement of this maternity unit is now being undertaken.

### **Plastic Surgery**

Following upon the appointment of a consultant in plastic surgery, Mr. D. Wynn-Williams, the conversion of Ward B.1. into a plastic unit was completed which provides for twenty-four beds. In addition, cases of children's plastic surgery are admitted to the children's surgical ward. In connection with the plastic surgery unit, negotiations are proceeding with the Regional Hospital Board with a view to setting up a dental technicians workshop.

### **Chapel**

The present Chapel at the City Hospital is not used very much. The type of patient now in the City Hospital is such that it does seem desirable that a small Chapel should be built alongside the main corridor so that patients may get there without much difficulty, this would also serve the purpose of a Chaplain's room. The Committee have agreed to this in principle but they realise that there is very little possibility of this work being carried out for many years to come because of the lack of money for such an extension.

### **Continuation of Education of Children in the Children's wards of the City Hospital**

The Education Committee has provided a headmistress and two assistants to continue the education of children who are in for long periods. In this school education follows the normal lines from nursery to stage to grammar school work. Individually planned schemes are adapted to fit the needs of children who are retarded, emotionally disturbed, physically handicapped, or those more advanced scholars who worry over their progress. The school endeavours to give the children a balanced outlook and a lively interest in subjects other than their illness and handicaps.

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### **Sherwood Hospital**

The Sherwood Hospital has 358 hospital beds and 190 Local Authority beds. The hospital beds are for the chronic sick. Since the hospital was taken into the National Health Service the Management Committee have, by a number of comparatively small number of improvements, been adding to the services and amenities and improving the internal appearance of the building. The austere character of the wards and their approaches are looking more mature and gaining in graciousness. The new covered in corridors with their lined floors are very attractive and will be more so when they are suitably furnished. The wards themselves have now all been plastered and cheerfully decorated.

The services of the physiotherapy and occupational therapy have been, and in the course of time will be more so extended in this hospital.

The establishment of a consultant service responsible for the medical care of the hospital cases, and the appointment of three General Practitioner/Clinical Assistants, have given considerable hopefulness to the character of the treatment. It is hoped that eventually Sherwood Hospital may become an Assistant Nurse Training School but as it caters solely for chronic sick cases such an arrangement would have to be done in association with another hospital. There is already an associated agreement with the Ilkeston General Hospital but at some time in the future this could be greatly developed so that the Sherwood Hospital could play a more active part in the training of assistant nurses.

At the time of writing this report the building of the new dayroom between Ward One and Two has almost been completed but it has not been possible to furnish it and to arrange for its occupation. It has however arrived at the stage when it is possible to say that this dayroom is a distinct amenity and the Architect is to be congratulated on producing a very beautiful room.

The Committee have undertaken, out of revenue, considerable improvements to the kitchen. The walls have been tiled and plastered and an additional room has been provided out of an old store to make a scullery and the whole of the equipment has been brought up to date. The kitchen is now a very fine efficient unit.

The Sherwood Hospital provides recreation and social amenities for the staff of the Group. The main hall has facilities for Badminton, Table Tennis, Billiard, etc., and these amenities are open to all staff in the Group. It is probably the finest Badminton Court in the district. On Tuesdays and Thursdays in the winter months the City and Sherwood Hospitals' Sports Club hold their club night. In the summer the Tennis Courts are available and can cater for a larger number than come to play. We hope that all staffs throughout the group will make use of these facilities and become part of the social unit, which they provide.

The Administrative Offices of the Management Committee are at the Sherwood Hospital and the Committee and the staff have adequate facilities for efficient work.

At some time in the future an endeavour should be made to relieve the overcrowding in the Finance Department. It is not always apparent that the Group Offices being at the Sherwood Hospital involves the Hospital Secretary and the Matron and their staffs in additional work and it is desired to say that this is understood and the willing service and cooperation appreciated.